

**CAT PAC – Early Years**

**Garretts Green Nursery School**

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.**

* The course has been designed for parents who want to increase their understanding of autism.
* The sessions will be delivered face to face at Garretts Green Nursery School on:

|  |  |
| --- | --- |
| Session1 – An Introduction to Autism | **Tuesday 10th October 9.30-11.30am** |
| Session 2 – Communication and Interaction | **Tuesday 17th October 9.30-11.30am** |
| Session 3 – Sensory differences | **Tuesday 24th October 9.30-11.30am** |
| HALF TERM |  |
| Session 4 – Eating, sleeping and personal care | **Tuesday 7th November 9.30-11.30am** |
| Session 5 – Emotional Regulation | **Tuesday 14th November 9.30-11.30am** |
| Session 6 – Parent choice of theme | **Tuesday 21st November 9.30-11.30am** |

**The following information will need to be provided to gain a place: The subject or title of your email needs to state that it is for the Garretts Green Early Years CAT PAC.**

***In your email please include:***

**Child/young person’s name and school**

* **Your name and email address**
* **Your child/young person’s CAT worker (if known)**
* **Due to limited places, the course will be offered to the first families to contact us.**
* ***There is an expectation that parents endeavour to attend all sessions if possible.***
* ***There are no childcare facilities at the venue.***

**Please email** [**A2EGeneral@birmingham.gov.uk**](mailto:A2EGeneral@birmingham.gov.uk) **to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full. Yours sincerely, Viv Walters and Julie Watchorn Brennan**