

 **Primary School age CAT PAC – Communication and Autism Team**

 **Parent Awareness Course**

**Online via TEAM’s**

**We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.**

* The course has been designed for parents who want to increase their understanding of autism in the primary years.
* The sessions will be delivered *online* at the following times:

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| **Session1 – An Introduction to Autism** | **Tuesday 16th May 7-9 pm** |
| **Session 2 – Communication and Interaction** | **Tuesday 23rd May 7-9 pm** |
| **HALF TERM** | **No Session** |
| **Session 3 – Sensory differences** | **Tuesday 6th June 7-9 pm** |
| **Session 4 – Eating, sleeping and toileting** | **Tuesday 13th June 7-9 pm** |
| **Session 5 – Emotional Regulation** | **Tuesday 20th June 7-9 pm** |
| **Session 6 – Parent choice of theme** | **Tuesday 27th June 7-9 pm** |

**The following information will need to be provided to gain a place:**

* **The subject or title of your email needs to state that it is for the online Primary CAT PAC.**
* ***Include the following information in your email:***
* **Your child/young person’s name and school**
* **Your name and email address**
* **Your child/young person’s CAT worker (if known)**
* ***Due to limited places the course will be offered to the first families to contact us.***
* ***There is an expectation that parents endeavour to attend all sessions if possible.***

**Please email** **A2EGeneral@birmingham.gov.uk** **to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full. Once your place has been confirmed, you will be sent a link to join the sessions.**

**Yours sincerely, Katie Price, Jo.Clifford and Francesca Thompson.**