Self-isolation Guidance Reminder

Circumstance	Isolation guidance	Actions to take
A member of your household or support bubble has COVID-19 symptoms • New and consistent cough • Change or loss of taste and/or smell • Fever	ALL household members should isolate for 14 days or until a negative test result is received	Call 119 or go to https://www.gov.uk/get-coronavirus-test to arrange a COVID test Inform school children will be remaining at home and the start date of symptoms
A member of your household receives a positive test	10 days isolation for the COVID positive person 14 days isolation for other household members	Inform school of who the positive member of the household is, when their symptoms started, the test date and the date of the test result Keep children at home until isolation period is complete
An isolating member of the household develops symptoms	Continue isolation If test result is positive isolation is 10 days	If an isolating household member develops symptoms call 119 or go to https://www.gov.uk/get-coronavirus-test to arrange a COVID test Inform school if test is positive, when symptoms started, date of test and date of test result Send a copy of the positive notification to enquiry@springfieldprimaryacademy.org.uk
A child in your child's bubble at school tests positive	Direct contacts who have been around the child 48 hours (2 days) before symptoms started or 48 hours before the test date for children with no symptoms will need to isolate for 14 days	School will seek advice from the Department for Education Public Health Team and inform parents of any action that needs to be taken
Informed by NHS Test and Trace to isolate	NHS Test and Trace will inform you of the period of isolation and the start date	Remain at home. Children should still attend school UNLESS the isolating household member develops symptoms If symptoms develop call 119 or go to https://www.gov.uk/get-coronavirus-test to arrange a COVID test

For further information on self-isolating please use the following link:

https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/

It's a legal requirement to self-isolate if you test positive or are told to self-isolate by NHS Test and Trace. You could be fined if you do not self-isolate.