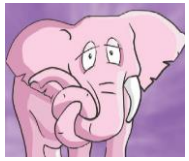
MEMORY STRATEGIES



ACRONYMS
Words formed from the initial letters of other words.

WORD PROMPTS
Use of key words, mind maps

MNEMONICS
eg **s**illy **a**nts **i**n **d**ustbins - said

CATEGORIES
A way of grouping the information

VERBAL REHEARSAL
Saying something over and over again until it becomes imprinted. It is essential for holding things in the working memory while acting on it. Dictation rehearses this strategy.

VISUALISATION/ IMAGERY
Makes use of the right brain. It avoids reliance on words which are a stumbling block for many. Can be used to aid comprehension – making a mental movie while read.

COLOUR CODING
Colour enhances memory and can be used for categorising

CHUNKING INFORMATION
Grouping the information reduces the number of items in the working memory

CHAINING EVENTS
Linking words/ events together.