



**Primary Age - Spring Term 2025 CAT PAC –
Thornton Primary School Birmingham B8 2LQ**

We would like to invite you to a CAT PAC course, our parent awareness course designed to support parent carers of children with a diagnosis of autism or children who are on the neurodevelopmental pathway for assessment.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will take place at Thornton Primary School B8 2LQ

SPRING TERM 2025

Session1 – An introduction to Autism	27 th January 2025: 9.30-11.30am
Session 2 – Communication and Interaction	3 rd February 2025: 9.30-11.30am
Session 3 – Sensory differences	10 th February 2025: 9.30-11.30am
HALF TERM	
Session 4 – Eating, sleeping, personal care	24 th February 2025: 9.30-11.30am
Session 5 – Autism and Anxiety	3 rd March 2025: 9.30-11.30am
Session 6 – Parent/ carer choice & signposting services	10 th March 2025: 9.30-11.30am

The subject or title of your email needs to state that it is for the :

Spring 2025 Primary CAT PAC – Thornton Primary School.

In your email please include:

- Your name – Parent carer
- Your Child’s name
- Your Child’s school (Add your child’s CAT worker if known)
- *Due to limited places, the course will be offered to the first families to contact us.*
- *There is an expectation that parents try to attend all sessions if possible.*
- *There are no childcare facilities at the venue.*
- Please email A2EGeneral@birmingham.gov.uk to reserve a place.

You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely, Julie Watchorn Brennan and Dawn fisher

